

ATHLETES COPING WITH INJURIES

Location: CH 236

Date: February 9th 2023

Time: 12:30pm-1:30



This group for Regis College student-athletes will meet Thursdays throughout the semester to offer support and space to address relevant topics raised by student-athletes who may be coping with an illness or injury (big or small) or the thought of injury due to previous experiences.

Student-athletes may join this group throughout the semester but it is strongly recommended that those interested attend the first group session on Thursday, 2/9.

Interested student-athletes please contact

Lindsay Miller - lindsay.miller@regiscollege.edu to RSVP or for any

answers to questions that you may have regarding this group.